

GOODRICH HIGH SCHOOL ATHLETIC HANDBOOK



The Goodrich Martians take their name from Mars, the Roman god of war. He was portrayed as invincible and magnificent in shining armor. His weapons and helmet symbolize the Martians' readiness for battle and quest for victory.

2023-2024

RULES SET FORTH IN THIS HANDBOOK MAY BE ALTERED OR CHANGED AT ANYTIME BY THE GOODRICH HIGH SCHOOL ADMINISTRATION WITH APPROVAL BY THE BOARD OF EDUCATION

Welcome

Goodrich Area Schools encourages all student-athletes to experience the value of participating in quality programs and events. Good sportsmanship is expected from these athletes as well as coaches and fans. Student welfare and safety are top priorities as athletes reflect the spirit of competition. The Athletic Handbook has been developed for use by Goodrich student-athletes and parents. This resource expresses school district expectations for our student-athletes.

If you would like more information regarding Goodrich Athletics, please contact the Goodrich Area Schools Athletic Office at 810-591-2230 or go visit the athletics website www.wearegoodrich.com

SPORT	SEASON	TEAMS
Cross Country-Boys	Fall	High School and Middle School (6-8)
Cross Country-Girls	Fall	High School and Middle School (6-8)
Football	Fall	Varsity, JV, Freshmen, 7th, 8th
Golf-Girls	Fall	Varsity
Sideline Cheer	Fall	Varsity, JV, 7/8th
eSports	Fall/Winter	Club
Soccer-Boys	Fall	Varsity, JV
Swimming/Diving Girls	Fall	Varsity
Tennis-Boys	Fall	Varsity
Volleyball	Fall	Varsity, JV, Freshmen, 7th, 8th
Basketball-Boys	Winter	Varsity, JV, Freshmen, 7th, 8th
Basketball-Girls	Winter	Varsity, JV, Freshmen, 7th, 8th
Bowling-Boys	Winter	Varsity, JV, 7/8th
Bowling-Girls	Winter	Varsity, JV, 7/8th
Competitive Cheer	Winter	Varsity, JV, 7/8th
Hockey	Winter	Varsity (co-op program)
Swimming/Diving Boys	Winter	Varsity
Wrestling	Winter	Varsity, 7/8th
Baseball	Spring	Varsity, JV, Freshmen, 7/8th
Golf-Boys	Spring	Varsity
Soccer-Girls	Spring	Varsity, JV
Softball	Spring	Varsity, JV, 7/8th
Tennis-Girls	Spring	Varsity
Track-Boys	Spring	Varsity, 7/8th
Track-Girls	Spring	Varsity, 7/8th
Lacrosse-Boys	Spring	Varsity (co-op program)
Lacrosse-Girls	Spring	Varsity (co-op program)

HISTORY OF THE MARTIAN MASCOT

"The Martians?! Where did you ever get a name like that?" "Why would anyone want to be named after little green men from outer space?"

Because of our unique name, Goodrich students are often faced with questions and comments like these. We know that the term "Martian" does not refer to space aliens at all, but rather to Mars, the Roman god of war. Nevertheless, explaining this fact to others has become an increasingly familiar task as the true meaning and origin of the name becomes more and more obscure.

Prior to the 1930's, Goodrich students were known as the Goodrich Gladiators. At that time, Goodrich was still a farming community and the school system had the official title of "Goodrich Rural Agricultural Schools". When the "Martian" name was adopted in the 1930's, it had a dual significance because in Roman mythology, Mars was an agricultural deity as well as a warrior. Fifty years later, the "Rural Agricultural" is gone from our name. Goodrich still has many small farms and the Martian warriors have to be reckoned with on the playing field and in the classroom.

Whether it's explaining the Martian name or updating the curriculum, administration, staff, and students at Goodrich High School are all involved in the process of SETTING IT STRAIGHT!

School Colors

Blue & Gold

School Mascot

Martian, the Roman God of War

ALMA MATER

Here's to dear old Goodrich High School,
with her colors' gold and blue,
May her memory always linger,
in our hearts she will be true;
We have often sung her praises,
may her banners always fly.
Onward Martians, Courage, ever,
Alma Mater Goodrich High.

FIGHT SONG

Onward Goodrich, Onward Goodrich
make that touch down count
Down the field and through the goal post
We will win this game, Rah!, Rah! Rah!
Onward Goodrich, Onward Goodrich,
make that touch down count.
Fight fellas fight, and we will win this game.

Goodrich High School

Athletic Program Handbook

It is our goal that each student athlete will realize that it is a privilege to participate in interscholastic athletics for Goodrich High School, and that it is their responsibility to be fully knowledgeable and observant of all rules relating to their athletic participation.

Goodrich High School's Athletic Program represents an important aspect of total student learning, where students are afforded an opportunity for physical, mental, emotional, and social growth, and where the District's mission of educational excellence is enhanced.

As participants, we each have our defined roles in the athletic program.

As student athletes, our young people will participate in athletics as an extension of the classroom. They will challenge themselves mentally, physically and personally as they learn life sports, enhance physical fitness, and learn life skills. Outcomes for these students include an increase in their sense of commitment, in respect for self, team and coach, an improved work ethic, a sense of personal accomplishment, sportsmanship, competitive spirit and the perseverance needed to contribute one's personal best. In addition, their appreciation of team efforts through team leadership, responsibility, and following direction is enhanced.

Student athletes will look to their coaches, teachers, administration, board of education and support staff for the following attributes as they relate to athletics: They will serve as a guide to student athletes in establishing rules, giving structure, educating, and modeling the behavior expected in a district that supports athletes and athletics. In supporting our athletes, we will demonstrate sportsmanship, honesty, fair play, trust, pride, loyalty, discipline, and self-control.

Alumni, parents and fans are encouraged to support our student athletes through moral and financial support. Opportunities to reinforce the sense of tradition in athletics in Goodrich Area Schools can surpass the "game" and enter the classroom as these role models share how athletics have contributed to their own "life skills".

The community also has a role in Goodrich High School Athletics. We will ask our community to support our student athletes' learning through moral and financial support, as well as being a voice of recognition for these young peoples' efforts.

Through these joint partnerships, Goodrich High Schools Athletics will foster a learning environment that provides opportunities to set goals, develop strategies, realize limits, and reinforce the values of respect, teamwork, leadership, self-discipline, sportsmanship, and competitive spirit, all while having fun through wholesome sport and recreation.

Student Athlete Expectations and Behavior

A student who is a member of an athletic team or squad also serves as a representative of Goodrich High School. Given the membership on a team/squad, each student is expected to conduct himself/herself at all times, both in and out of school activities consistent with the provisions of this handbook, the MHSAA Handbook and policies, school district policies, procedures and practices, as well as all local, state and federal laws and ordinances.

Administration Right to Implement New Rules and Regulations:

The administration of Goodrich High School reserves the right to establish rules and regulations which are not stated in this handbook but which are necessary and proper for carrying out the educational programs of the school. When, in the judgment of the administration, a student's behavior adversely influences others or interferes with the educational process, the student may be subject to disciplinary action.

BULLYING AND OTHER AGGRESSIVE BEHAVIOR TOWARDS STUDENTS

Bullying can be physical, verbal, psychological, or a combination of all three. Some examples of bullying are:

1. Physical – hitting, kicking, spitting, pushing, pulling; taking and/or damaging personal belongings or extorting money, blocking or impeding student movement, unwelcoming physical contact.
2. Verbal – taunting, malicious teasing, insulting, name calling, making threats.
3. Psychological – spreading rumors, manipulating social relationships, coercion, or engaging in social exclusion/shunning, extortion, or intimidation. This may occur in a number of different ways, including but not limited to notes, emails, social media postings, and graffiti. This prohibition includes written, physical, verbal, and psychological abuse, including hazing, gestures, comments, threats, or actions to a student, which cause or threaten to cause bodily harm, reasonable fear for personal safety or personal degradation.

This policy applies to all “at school” activities in the District, including activities on school property, in a school vehicle, and those occurring off school property if the student is at any school-sponsored, school-approved or school-related activity or function, such as field trips or athletic events where students are under the school’s control. **Misconduct occurring outside of school may also be disciplined if it interferes with the school environment.** This policy is not intended to and should not be interpreted to interfere with legitimate free speech rights of any individual. However, the District reserves the right and responsibility to maintain a safe environment for students, conducive to learning and other legitimate objectives of the school program. Any student who believes she/he has been or is the victim of bullying, hazing, or other aggressive behavior should immediately report the situation to the coach or Athletic Director. The student may also report concerns to a teacher or counselor who will be responsible for notifying the appropriate administrator. Retaliation or false allegations against any person who reports, is thought to have reported, files a complaint, participates in an investigation or inquiry concerning allegations of bullying or aggressive behavior (as a witness or otherwise), or is the target of the

bullying or aggressive behavior being investigated, is prohibited and will not be tolerated. Such retaliation shall be considered a serious violation of Board policy, independent of whether a complaint of bullying is substantiated. Suspected retaliation should be reported in the same manner as bullying/aggressive behavior. Making intentionally false reports about bullying/aggressive behavior for the purpose of getting someone in trouble is similarly prohibited and will not be tolerated. Retaliation and/intentionally false reports may result in disciplinary action as indicated above.

To increase the educational value of the interscholastic athletic program, the Goodrich Area Schools Board of Education endorses the rules as follows:

A. **Absence on Game Day/Practice Day**

The student athlete must attend a full day of school in order to participate in practices or games. His/her parent/guardian must call the school to excuse any partial absence. A medical/professional note must be provided to the school in order to be considered excused. The parent is requested to direct the phone call to the coach, after calling the attendance office. This procedure must be followed only on school days. (This does not apply to a Saturday practice or contest.) Athletes that are absent on an athletic contest day may not participate in that event without prior approval from the Athletic Director.

B. **Academic Eligibility**

Each student must be passing (60% or higher) all classes from the beginning of the semester to date. Failure to pass five classes in a semester will cause an athlete to be ineligible for all of the following semester. The Athletic Director will make the final decision of the accuracy of the student's grade. Weekly, in-season athletic eligibility will be determined by the following procedures:

1. An Athletic Eligibility Report (AER) will be completed electronically with all Goodrich High School faculty each week through the Athletic Department. Each teacher should confirm the current grade for the athlete and return the AER electronically on the final school day of the week. Completed AER are due in the Athletic Director's Office by 2:00 pm on the last day of the school week.
2. A student-athlete will not participate in interscholastic competition for one week (Monday – Sunday) following the receipt of a failing grade for academic work in the prior week.
3. Teachers are to report the student-athlete's grade on the AER as if the current semester grade were required at that moment.
4. Teachers may also give a warning if academic work is near failing or behavior needs improvement. A warning does not limit athletic participation.
5. If the student-athlete's failure occurs in the last week of the first semester, the consequence will result in the first week of the second semester.
6. Academic Dishonesty/Plagiarism/Cheating
 - a) 1st Referral:

- i. After finding by the administration that a violation occurred, the student will be immediately ineligible for the remainder of the eligibility period (up to 5 school days/7 calendar days).
 - b) 2nd Referral:
 - i. After finding by the administration that a violation occurred, the student will be immediately ineligible for the remainder of the eligibility period (up to 5 school days/7 calendar days) and the following eligibility period.
 - c) 3rd Referral:
 - i. After finding by the administration that a violation occurred, the student will be dismissed from the team.
- 7. Ultimately, it is the responsibility of the student-athlete and parent to monitor academic progress throughout the school year. StudentVue and ParentVue electronic monitoring and regular contact with the classroom teacher can prevent any unanticipated grade reports.

C. Athletic Code of Conduct

Students/athletes are subject to suspension from their team or squad for committing any violation of the provisions in this handbook, school district policies, procedures and practices as well as all local, state and federal ordinances and laws (with the exception of minor traffic violations). Student/athletes are subject to discipline as provided in this section in the absence of a conviction or finding by a state or federal court upon a substantial showing (more likely than not) that the student engaged in the prohibited conduct. The amount of suspension/expulsion may be upheld, reduced, or increased. This may include possible expulsion by the Administration or the Board of Education.

A student's use or sale of a performance-enhancing substance is a violation that will affect the student's athletic eligibility and extracurricular participation.

The Department of Community Health periodically distributes to the District the list of banned drugs based on bylaw 31.2.3.1 of the National Collegiate Athletic Association. Use of any drugs or substances appearing on this list will affect the student's athletic and extracurricular participation.

The school has a "Drug Free" zone that extends 1000 feet beyond the school boundaries as well as to any school activity and transportation. This means that any activity, possession, sale, distribution, or use of drugs, alcohol, fake drugs, steroids, inhalants, or look-alike drugs is prohibited. Attempted sale or distribution is also prohibited. If caught, the student could be suspended or expelled and law enforcement officials may be contacted. Sale also includes the possession or sale of over-the-counter medication to another student.

Drugs, Alcohol, and Tobacco Policy (Includes E-cigarettes, Vaporizers, & E-Hooka)

1. Goodrich Student-Athletes shall not use, possess, buy, sell or give away any illicit substance, including but not limited to, illegal drugs, inhalants, alcohol,

tobacco/nicotine products (Ex: e-cigarettes, vapes, & e-hooka), steroids, paraphernalia, pills, medication (unless prescribed).

2. Non-Self/Parent Reporting Violation

a. 1st Offense:

i. The student-athlete will be suspended for 25% of their current or upcoming season.

b. 2nd Offense:

i. The student-athlete will be suspended for their entire current (must be more than 50%) and/or upcoming season. The upcoming season will be determined based on prior-sport participation. In addition, the student athlete must complete a school-approved Drug and Alcohol program through completion. Failure to do so will result in a full season calendar year suspension.

c. 3rd Offense:

i. The student athlete will be suspended from all future Goodrich athletic participation.

3. Self/Parent Reporting Violation

a. 1st Offense:

i. If a student athlete or parent approaches a school official to seek help for a “Problem” with the use or abuse of an illicit substance, the following procedure will be utilized: The student must agree to participate in a school approved Drug and Alcohol program through completion. Upon completion of the program or evidence of progress, the student-athlete will be 10 allowed to return to full participation. ***This exception is in place to assist a student who is struggling with the use and/or abuse of a substance. The Goodrich School District will work cooperatively with the student’s parents, the student, the counselor and others to help them in the recovery process.

b. 2nd Offense:

i. The student-athlete will be suspended for their entire current (must be more than 50%) and/or upcoming season. The upcoming season will be determined based on prior-sport participation. In addition, the student athlete must complete an additional school-approved Drug and Alcohol program through completion. Failure to do so will result in a full season calendar year suspension.

c. 3rd Offense:

i. The student athlete will forfeit their right to participate in athletics for the remainder of their high school career. After one complete calendar year, the athlete would have the right to appeal the ban to the Athletic Council.

Appeal Procedure

The consequences and/or disciplinary action that a student-athlete is subject to, under the guidelines of the athletic Code of Conduct, may or may not be appealed. The decision to grant the request for an appeal is at the discretion of the Athletic Director

- a. The student-athlete or parent/guardians must initiate appeals of disciplinary actions. Appeals shall be directed to the Athletic Director.
- b. A request for an appeal must be made within 3 days of the date of disciplinary action taken. The appeal must be made in writing clearly stating the concern and an explanation of the events.
- c. The Athletic Council will review the appeal.
- d. The student/parent will be notified in writing the results of the appeal
- e. The committee's action is final

Athletic Council

Any student who feels that he/she has been unjustly treated or that he/she has good reason for the violation of any rule will be heard by the Athletic Council which shall consist of (1) the Building Principal, (2) the Athletic Director, (3) two Head Coaches of varsity sports, and (4) one member of the Activities Committee for the Board of Education.

Suspension from School

Any athlete that is suspended from school (out of school suspension) cannot practice or play in a game during suspension. The athlete may be subject to the same progressive discipline consequences as listed in sections I, II, and III above.

Minor Infraction

Discipline regarding: missing practice, athletic conduct on the field or sport related function, on the bus, in the locker room, horseplay, general attitude, etc. shall be left to the discretion of administration and the individual coach. It is expected that the student-athlete will always be on their best behavior during the school day, serving as a role model and not engage in distracting behavior or disrupt the educational process. Failure to behave as a model student can result in penalties as determined appropriate by the administration and/or coaching staff.

D. Transportation

When transportation is provided by the school district, athletes are required to ride on this transportation to and from these scheduled practices/events held away from the Goodrich District. Exceptions to this policy may be made for sufficient reason if prior arrangement is made in writing through the office of the Athletic Director. Coaches may waive the policy only for valid emergency reasons, which arise at a time when the Athletic Director is not available.

When transportation is not provided by the school district, the following should be considered regarding private transportation. The Goodrich Area School District does not accept financial liability or responsibility for volunteer drivers transporting athletes to practices/events. Parents need to assess the risks and benefits of their child either

driving themselves/other athletes, or riding with a volunteer driver. The Goodrich District does not screen these private driving arrangements. The drivers insurance is to provide primary coverage in case of an accident.

E. **Participation Fee**

Goodrich Area Schools has a policy of a participation fee for athletics. The participation fee for high school athletics is \$155, \$105 for middle school athletics, and \$50 for club sports. The family limit is \$315. This fee must be paid by check, cash, or money order payable to Goodrich High School or by using athlete's MySchoolBucks account. The participation fee will be collected by the Goodrich High School Athletic Office prior to tryouts or first day of practice for non-cut sports.

Refunds will NOT be made for any reasons, including, but not limited to, dropping out, discharge from the team by the coach, academic ineligibility or transfer. If an athlete has played less than 50% of the season, a doctor's release stating that the athlete cannot finish the season will be needed for a refund.

Payment of the participation fee does not guarantee that the student athlete will participate in every athletic contest.

F. **FinalForms**

We will be using FinalForms as our Athletic platform. Everything will be now be online. Please visit <https://goodrich-mi.finalforms.com> to complete your athletic registration.

G. **Physical Examination**

Before an athlete may participate, he/she must have had a physical examination and have turned in the examination card signed by a physician (M.D. or D.O.), nurse practitioner, or physician's assistant. The forms will be available in the athletic office of the high school. A current physical is one performed after April 15th of the previous school year. A valid physical is one which is filed using the MHSAA physical form, or a similar form which states a student is physically able to compete in an athletic activity. A signed prescription note may not be accepted by the athletic office for participation.

H. **Equipment and Uniforms**

Each athlete must take the proper care of all equipment and uniforms issued to him/her, and are financially responsible for the loss of such equipment and/or uniforms. If payment of damaged, lost, or stolen equipment is not received before the end of the semester, the athlete's name will appear on the obligation list for the semester and/or final exams. Athletes who fail to return equipment, or fail to repay for damaged, lost, or stolen equipment, will not participate on another athletic team.

**Each student-athlete and/or parent/guardian is financially responsible for any equipment issued during the course of a season regardless of loss, theft or unnatural wear and tear.

I. **Locks/Locker Rooms**

To minimize loss of school/student property, all belongings should be locked in a locker (whether at GHS or on the road). The student/parent will be financially responsible for the cost of replacement of school property issued to the student that may be lost or stolen. Student-athletes are encouraged not to keep large amounts of cash, valuable jewelry, or personal property in their possession at any time, regardless of whether or not it is stored in a locked locker.

J. **Social Media and Electronic Devices**

Electronic devices/cameras should not be used in the locker room area or any other area where individuals have the expectation of privacy. Social media posts should be in good taste and represent the student-athlete, the district, coaches, employees, and other students in a positive manner. Inappropriate technology use or social media posts can be considered conduct unbecoming of a student-athlete.

K. **Injury/Illness Policy (see "Injuries Section")**

If an injury or illness/sickness occurs, which in the judgment of the athletic trainer or coach requires the athlete to see a doctor, the athlete must have a written statement signed by a doctor permitting the coach to reinstate the athlete to active participation with no restrictions.

It is the student/parent's responsibility to make the coach or athletic trainer aware of any injuries/illnesses to the student/athlete.

A doctor's note does not automatically reinstate a student athlete to full participation and contest status. If in the opinion of the Certified Athletic Trainer and/or the coach, the student needs to progress through a number of physical steps to prove they are ready to play, then they must do so prior to being given full clearance.

When a concussion is confirmed, the student athlete must pass all MHSAA guidelines in order to resume full activity in their sport.

L. **Insurance**

Participation in extra-curricular athletics at Goodrich High School is **voluntary**. Goodrich High Schools and the MHSAA do **not** carry primary or secondary medical insurance policies for injuries/illness sustained during participation in extra-curricular/athletic events. Parents/guardians are ultimately responsible for all medical care costs incurred not covered by their family's health insurance or in absence of valid health insurance.

M. **Weight Room and Facilities**

The weight room is an important tool in the preparation for high school athletic participation and injury prevention. It is a facility shared jointly by the PE department and Athletic Department. Students are to be supervised by GHS staff or coaches at

all times, no exceptions. Likewise student-athletes should not congregate in the training room without supervision and may not use supplies in the training room without permission.

N. Self medication (Self-Administration/Self-Possession)

Student-Athletes who take any prescription and/or over the counter medications, must follow the terms set forth in the Student Handbook, under Student Self-Administration / Self-Possession. Parents/guardians must fill out the proper paperwork in the high school office.

O. NCAA Eligibility

Starting in August 1993, the NCAA established new rules dealing with incoming college freshmen who wish to participate in a sport at a Division I or Division II institution. A copy of the academic requirements necessary to play your freshman year at a NCAA Division I or Division II college is available in the Goodrich High School Counseling Office. Hopefully, by reviewing and knowing the requirements ahead of time, it will better enable your son/daughter to prepare for college if they have aspirations of participating in athletics while attending a Division I or II college. It should be noted that Division III, NAIA, and Junior Colleges do not have the same academic requirements. In some cases, they are actually higher and in others, the requirements are lower than those listed.

It is recommended that all athletes interested in pursuing collegiate athletics should make an appointment with the Athletic Director to discuss eligibility requirements as early as their freshman year.

P. Requirements for Varsity Letters

It is accepted that the requirements for earning a varsity letter may vary to some degree, but in general the coach will base the decision on whether the athlete made a significant contribution to the team over the course of the season. The coach will certainly take into consideration the general attitude displayed all season, whether the athlete attended practice regularly, showed respect for equipment and supplies, and followed training rules. In the end, the coach solely makes the decision.

Team Selection

Student-Athletes may not tryout for a team unless they meet MHSAA eligibility requirements at the time of tryouts. Each athlete attending tryouts must turn in a tryout card to their coach prior to the beginning of the tryout. NO EXCEPTIONS.

Students wishing to participate on athletic teams MUST:

1. Meet the district enrollment requirements
2. Meet the MHSAA residency requirements

3. Show proof of a physical exam signed by a doctor dated on/after April 15th of the previous school year.
4. Sign the athletic code of conduct
5. Submit an emergency release/insurance form
6. Submit pay to participate fees. Should the student-athlete not make the roster for a team this fee will be refunded.

Philosophy of Team Selection

Reducing the number of student athletes during the pre-season tryouts is always one of the most difficult and sometimes controversial times that a coach has. It is very important that you, as a coach have well defined goals, guidelines and expectations and that these are communicated to the athletes prior to the first tryout. Fairness and honesty on the coach's part cannot be emphasized enough. Communication on the size of the team, amount of playing time, strengths and weaknesses of individuals are just a few of the items that should be addressed during the tryout period.

Coaches who have to limit the number of athletes who can participate in their program should provide a well-planned, structured, and unbiased tryout schedule which allows each athlete the opportunity to do their best. Likewise, athletes should prepare themselves mentally and physically for the tryout process. Student-athletes, parents, and the athletic office should be informed of the skills and the process of the evaluation going into the tryout. Athletes should be given a minimum tryout of at least 2 full practice days. Roster selection may take place in phases, some athletes could be reduced during the initial tryout period and other roster decisions could be made during the course of an extended tryout.

Participation in out-of-season conditioning programs and summer camps should not be a determining factor in team selection.

Team Membership

1. If an athlete is dropped from a team for disciplinary reasons, he/she may not go out for a next season team until the student-athlete has met with the athletic director, the sport that the athlete was dismissed from has completed its season, and the athlete has turned in any equipment and met any other obligations.
2. Student-athletes are required to be in school when school begins on the morning following a previous night's game. Coaches and parents should impress this upon their student-athlete.
3. During out of school suspension (OSS), students are suspended from participation in all extra-curricular activities including athletic practices and contests. Suspended students are not permitted on school grounds without permission from the principal and may not attend away contests.
4. If a coach suspends a student-athlete from the team, the coach must notify the athletic director before school begins the following morning with an update.
5. Student-athletes who disrupt the education process of the school and/or have multiple infractions may be prevented from participating in a practice or contest based on administration review and recommendation.

Changing Teams - Prior to cuts any student-athlete has the right to try-out for any team, but must be aware that they will not be given special extension to the cut dates. Teams that do not cut may be willing to accept athletes who have tried out for another team but were cut. This will allow student some flexibility in choosing sports.

Once an athlete tries out for a particular sport, that student may not tryout for another sport without permission from the primary team. Changing from one sports team to another must occur prior to the first contest of a season. When a student-athlete is dismissed from a team due to disciplinary reasons and/or quits a team, that student-athlete is ineligible to participate in another sport during the same season.

Dual Team Membership - A student may participate on two athletic teams during the same season. Coaches of both teams must agree to dual team membership. The coach of a team has the right to deny this request. If approved the student-athlete must sign the dual membership agreement form along with each coach and parent/guarding. Final approval will be made by the Athletic Director. The athletic director and coaches will review the academic workload of the student-athlete, the academic history of the student-athlete, the impact of dual practice/competition on the student-athlete's schedule, frequency of competition, priority of conflicting sports, parental input, and other factors that could impact team chemistry and program goals.

Injuries

If a student-athlete is injured and needs medical attention, Goodrich Area Schools coaches will contact the licensed athletic trainer and that student's parents for further instructions. The coach or trainer will call for an ambulance when necessary. When a student-athlete has suffered serious injury, the student-athlete will not resume participation without licensed medical clearance.

In the event that an athlete receives a concussion:

1. They are required to get a note from their physician stating they are medically cleared to play.
2. A copy of that note must be delivered to both the athletic director's office and the athletic trainer.
3. All recommended MHSAA concussion protocols will be followed.
4. The Athletic Trainer will issue a 'return to play' protocol which will ultimately decide when the student-athlete will be allowed to fully participate in their sport or activity.
5. Coaches will report all injuries to the trainer. Student-athletes also have a responsibility to keep a clear line of communication open and to inform the coach and/or trainer of any injury or issue that impacts their physical or mental health and performance ability.
6. Goodrich Area Schools does not assume financial responsibility for medical, hospital, or ambulance expenses incurred because of athletic injuries.
7. Athletic is a voluntary program which the student may participate in if they so desire, but the student does so at their own risk of injury. Risks of injury or death can occur when students participate in sports activities.

Expectations of Parents

1. Help your child to learn from success and failures
2. Encourage your child to attend all practices and games
3. Cheer positively
4. Allow coaches to coach and teach
5. Allow officials do to their jobs
6. Communicate proactively.
7. Adhere to the Parent-Coach Communication Guide
8. Follow the appropriate chain of communication (adopted by superintendent memo 11/12/2012):
 - a. Discuss with the Coach.
 - b. Discuss with the Athletic Director.
 - c. Discuss with the Principal.
 - d. Discuss with the Superintendent, who has the final decision.

All student-athletes and their parents/guardians will be informed of this policy by the coach at the initial orientation.